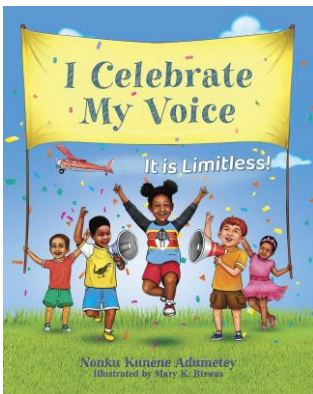


February 1, 2022

FOR IMMEDIATE RELEASE:

Black History Month Release of Picture Book By Local Author Helps Children Amplify Their Unique, Diverse Voices

CHICAGO— Just in time for Black History Month, Foreword Publicity announces the release of *I Celebrate My Voice*, written by Nonku Kunene Adumetey, with illustrations by Mary K. Biswas.



I Celebrate My Voice is a picture book that inspires children and families to recognize how vast and powerful their voices are. The book takes children on a journey of self-discovery and empowers them to understand the power of using their voice.

“In today's world, we need books that build a child's confidence and provide tools that help them understand their own strengths,” said Adumetey. “More importantly, having diverse books for all children to see themselves in is key in building lifelong self-esteem and confidence in children. Every child deserves to see themselves in books — to relate and enjoy books with characters that look like them.”

Adumetey said that children can celebrate their voice through not only speaking up, but by doing all of the things they love that build self-confidence and self-esteem – from dancing and singing to writing and using their imagination.

Through her imaginative, heartfelt, and beautifully illustrated story, Adumetey hopes *I Celebrate My Voice* will empower all children to love and embrace themselves and their stories.

“We all come from different backgrounds and have different experiences, and that contributes to the value we bring to this world. We matter just the way we are,” she said.

Adumetey, who resides in Rogers Park, was born in the Kingdom of Eswatini and is passionate about inspiring all children to celebrate who they are, and understand that their differences are beautiful. Adumetey writes children's books to inspire young minds to love and celebrate themselves just the way they are. She believes that children should know that their diversity is a strength, and their voices should be heard. The core of Adumetey's books embodies the principles of Ubuntu, which means, “I am because you are.” “We are connected as a human race and we need each other to make this world a better place.”

Connect with Adumetey on [Facebook](#), [Instagram](#), and [YouTube](#), and visit her [website](#).